

FINDING YOUR POWER AND KEEPING IT

WOMEN'S VOICES NOW COMMUNITY WORKSHOPS



ABOUT THE WORKSHOP

“Finding Your Power and Keeping It” focuses on the definition of power and how it is used in both positive and negative ways, and the necessity of obtaining some measure of power in order to stay true to one’s path. This workshop emphasizes the importance of cultivating the confidence and belief in oneself, as well as gathering the necessary tools to keep your power in the face of adversity, challenge, or a general lack of support.

Film

The Path to Follow

Nazifa Zakizadu | Afghanistan | 2010

MISSION AND VISION

Our mission is to enrich the lives of local women, girls, and underserved populations of men and women, and as we strengthen our communities we aim to create a multimedia body of works honoring local voices. In providing the Films & Poetry workshop, we aim to provide a safe space for the creation of works which amplify and promote the free expression of the worldwide struggle for women’s civil, economic, political, and gender rights. Our goal is to empower participants, building mini-utopias of collaboration and creativity that will ripple beyond the classroom, through the county, and across the world via our digital platforms connecting conscientious art and media creators, activists, filmmakers, audiences, and advocacy organizations.

To engage, empower, and connect with our participants, our workshops traverse mediums; from films to poetry and music, each art form becomes a creative writing prompt inviting participants to make artifacts reflecting their own hopes and dreams for the future as well as poignant observations about the justices and injustices that be, and giving a home to viewpoints which are underrepresented in the county.

TARGET DEMOGRAPHIC

- Girls aged 12-18

SUGGESTED FORMAT

- 1 day
- film screening and post-film lecture
- 90 mins

WHAT YOU NEED

- Request workshop curriculum from WVN
- Workshop facilitator
- Private room with audio/visual capacity
- Pens, paper, internet access
- Small budget for refreshments

If you would like a qualified Women's Voices Now workshop facilitator to carry out a community workshop, please contact us.