

# HOW TO BE A MALE ALLY

WOMEN'S VOICES NOW ONLINE WORKSHOPS



## ABOUT THE WORKSHOP

The Be A Male Ally Workshop is a 6-week online self-paced course providing male-identifying individuals with the tools to take action in addressing and remedying the harmful views and treatment of women. This course is a direct response to the viral #MeToo movement in which many male-identifying individuals, once confronted with the everyday realities faced by the women in their lives, felt helpless and without the tools to make change.

Created by Amreen Karmali, founder of The Real Talk Project, this online workshop uses film, articles, and facilitated discussion to give concrete modes of action for all participants. The workshop is accessible by smartphone and/or laptop, allowing participants the flexibility to work the experience into busy schedules.

## MISSION AND VISION

Our mission is to provide a safe space for men to engage in conversation with a self-identified feminist and a male ally while looking at the influence of patriarchy in their lives. The facilitators model ways to connect to a deeper self and how to better support the women in their families and community.

Participants will be joining a movement for positive change. They will learn about ways our culture limits both men and women. Those who complete the workshop will have the tools to implement an action plan to create communities that are safe for all!

## TARGET DEMOGRAPHIC

Male-identifying and masculine of center people, Ages 18-65

*"I want to ask all of my male identified friends and fam that you seriously consider taking this course. I think it is necessary that we as males do such legwork to unlearn our own internalized and often unquestioned biases, entitlement, and micro-aggressive behavior. Patriarchy will only be dismantled if we as beneficiaries engage in personal reflection, dialogue with other male identified folks and take actions outside the comforts of our own privilege(s). This course provides the materials and guidance to begin/continue the path of being an male ally"*

**- Tyler Fister, Educator, Husband, Father, Son**